

Making it Happen: Building Positive Relationships with Children

Tonia Durden, Early Childhood Extension Specialist
The Learning Child Action Team

Length:

Up to one hour

Description:

Building positive and responsive relationships with young children is key in supporting children's healthy social emotional development. Building positive relationships is the responsibility of all adults in the child's life — mothers, fathers, grandparents, child care providers, and other adults in the child's life.

Goal:

Provide information to help adults build positive, nurturing, responsible, and dependable relationships with the infants, toddlers, and preschoolers in their care.

Program Materials:

- Handout 1.2 — CSEFEL Definition of Social Emotional Development (<http://www.ianrpubs.unl.edu/epublic/live/hef600/build/hef601handout1.2.pdf>)
- Handout 1.7 — Building Relationships and Creating Supportive Environments (<http://www.ianrpubs.unl.edu/epublic/live/hef600/build/hef601handout1.7.pdf>)
- Handout — Making Deposits Piggy Bank (<http://www.ianrpubs.unl.edu/epublic/live/hef600/build/hef601handoutpiggybank.pdf>)

- A handout of the PowerPoint® slides (<http://www.ianrpubs.unl.edu/epublic/live/hef600/build/hef600.ppt>)
- Chart paper and markers
- Video 1.1 — Interactions Come in All Shapes and Sizes (<http://www.ianrpubs.unl.edu/epublic/live/hef600/build/1-1ReExport.mp4>)
- Video 1.4 — Interactions Becoming Patterns of Relationships (<http://www.ianrpubs.unl.edu/epublic/live/hef600/build/1-4ReExport.mp4>)
- Evaluation (<http://www.ianrpubs.unl.edu/epublic/live/hef600/build/hef601e.pdf>)
- Evaluation EXCEL data form (<http://www.ianrpubs.unl.edu/epublic/live/hef600/build/hef600.xls>)

Supplemental Resources:

Handout 1.5 — Building Positive Relationships with Young Children

Equipment Needed:

- Computer with PowerPoint installed
- Projector
- Speakers
- Extension cords/power strips
- Screen (optional)

Program Outline:

1. Prior to participants' arrival, check the technology to ensure the video clips are uploaded and work within the PowerPoint. TIP: When inserting the videos into PowerPoint, the video file must be in the same folder as the PowerPoint presentation in order for it to work.
2. As participants come into the room, give them the handout of the PowerPoint slides.
3. Explain to participants that in this community lesson they'll consider ways to build positive, nurturing, responsive, and dependable relationships with the infants, toddlers, and/or preschoolers in their care. Explain that participants will receive several resources and strategies sure to support and encourage young children's (birth to age 5) healthy growth and development. This community lesson is targeted to child care providers, parents, or other caregivers in the child's life.
4. Show the PowerPoint presentation, engaging the audience in the activities and discussion. The notes on the PowerPoint slides contain key points to discuss, and explanation for each activity.
5. Conclude by asking participants to fill out the evaluation. Insert the evaluation data into the evaluation Excel sheet and submit by emailing the attachment to Tonia Durden at tdurden2@unl.edu.

Additional Resources:

If time permits, visit these key websites with participants.

Center on the Social Emotional Foundations for Early Learning: <http://csefel.vanderbilt.edu/>

University of Nebraska–Lincoln Extension Resources on Early Childhood Development: <http://www.extension.unl.edu/web/child>

Nebraska FRIENDS: http://www.education.ne.gov/oec/teaching_pyramid/index.html

Nebraska Early Childhood Training Center: <http://www.education.ne.gov/oec/ectc.html>